

Notice: Because of Covid-19 issues social distancing and masks may be required before the race starts.
You will be notified by email before the race on these matters.

Kailua High School Surfriders Run/ Walk



5k | 10k | 1 mile Run/ Walk

23rd Annual Event

Sunday, November 6th, 2022 at 7:00 AM



Brought to you by Friends of Kailua High School, a non-profit that helps Kailua High School's programs

Race starts at Kailua High School Gym

451 Ulumanu Drive, Kailua, HI 96734

- REGISTRATION:** Register online at Active.com or use the form below
Mail- in entries must be postmarked by November 1, 2022
Race Day registration accepted til 6:30AM
- PACKET PICK UP:** Saturday, Nov. 5th, at Kailua High Gym from Noon to 3PM
Sunday, Nov. 6th, at Kailua High Gym from 6AM until 6:55AM
Race starts at 7 AM
- SCORING:** Chip timing, pick up on race day
- AWARDS:** Trophies for 1st place male and female overall winners
Medals for 1st, 2nd, and 3rd place male/ female finishers in all age-categories.
The awards are for 5K and 10k only, excludes the 1 mile entries.
- PRIZES:** Random drawings for prizes after the race
- Further Information:** Visit friendsofkailuahigh.com or call Anne Higashi 808-223-5750 or Ed Kemper 808-225-2965
- Mail In Registration:** Attn: Ed Kemper 1188 Bishop Street, Suite 2504 Honolulu, HI 96813
Make Check Payable to: Friends of Kailua High School
Go to Active.com

2022 Registration Entry

Name: Last, First (please print) _____

Email Address: _____ Phone Number: _____

Kailua High Grad Year of: _____

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|---------------------------------|---|---|---|
| DISTANCE: | Age Division on Race Day: | Registration Donation Enclosed: | Kailua High School Students ONLY: |
| <input type="checkbox"/> 1 mile | <input type="checkbox"/> 7-12 <input type="checkbox"/> 45-49 | <u>Regular, Postmarked by Oct. 27:</u> | _____ \$15 with T-Shirt |
| <input type="checkbox"/> 5K | <input type="checkbox"/> 13-16 <input type="checkbox"/> 50-54 | _____ \$25 NO T-Shirt | _____ \$10 NO T-Shirt |
| <input type="checkbox"/> 10K | <input type="checkbox"/> 17-18 <input type="checkbox"/> 55-59 | _____ \$35 with T-Shirt | |
| SEX: | <input type="checkbox"/> 19-24 <input type="checkbox"/> 60-64 | <u>Late, Postmarked after Oct. 27:</u> | |
| <input type="checkbox"/> Male | <input type="checkbox"/> 25-29 <input type="checkbox"/> 65-69 | _____ \$30 NO T-Shirt | Shirt Size: <input type="checkbox"/> S |
| <input type="checkbox"/> Female | <input type="checkbox"/> 30-34 <input type="checkbox"/> 70-74 | _____ \$40 with T-Shirt | <input type="checkbox"/> M |
| | <input type="checkbox"/> 35-39 <input type="checkbox"/> 75-79 | <i>No guarantee of T-Shirt for Late Entries</i> | <input type="checkbox"/> L |
| | <input type="checkbox"/> 40-44 <input type="checkbox"/> 80+ | <i>All donations are non-refundable</i> | <input type="checkbox"/> XXL |

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I know that there will be traffic on the course route. I assume the risk of running in traffic. I assume any and all other risks associated with this event including but not limited to falls, contact with other participants, the effects of weather, including high heat and humidity, and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on behalf, covenant not to sue, and waive, release, and discharge the Friends of Kailua High School, Kailua High School, the Department of Education, State of Hawaii, City and County of Honolulu, this events officers, directors, members, volunteer-agents, successors, assigns or anyone acting on their behalf, from any and all claims of liability for death, personal injury, or property damage of any kind the nature whatsoever arising out of or in the course of my participation in this event.

Signature: _____ Date: _____

Signature of parent or guardian if under 18: _____